



SUMMER PROGRAM WITH VISHWAGURUJI IN STŘÍLKY

SUMMER 2024

Mahaprabhudeep Ashram Střilky, CZ

Fundraising for social projects of Int. Sri Deep Madhavananda Ashram Fellowship

We are happy to invite you for this summer Yoga in Daily Life Training Retreats and Satsang programmes with Vishwaguruji in Střilky, CZ

COURSE A: YOGA IN DAILY LIFE – PHYSICAL, MENTAL AND SPIRITUAL HEALTH: For participants of all levels. Yoga-exercises (asanas and pranayamas, relaxation, yoga-nidra), concentration, meditation, lectures about yoga-philosophy, healthy life-style, nourishment etc.

COURSE B: FIND YOUR DIVINE SELF WITHIN YOURSELF: Meditation-seminar with Kriya-Anusthana-technique only for aspirants who live vegetarian, practise a mantra from Vishwaguruji more than three years and regularly attend yoga-classes and satsangs.

YT- TRAINING: Advanced training for certified YIDL-Teachers, registered Yoga-teacher assistants and aspirants.

	Dates		Dates
IDY weekend	June 21 (Fri) – 23 Int. Day of Yoga celebration	Vép (HU) (courses A, B, YT)	August 5 (Mon) – 11 August 6 (Tue) Devpuriji's Mahasamadhi August 7 (Wed) Vishwaguruji's birthday August 10 (Sat) Yoga teacher exam
Week 1 (courses A, B)	June 21 (Fri) – 28	Week 4 (courses A, B, YT)	August 11 (Sun) – 18 Birthday satsang on August 15
Week 2 (courses A, B, YT)	June 28 (Fri) – July 5	Birthday weekend	August 16 (Fri) – 18 August 17 (Sat) Vishwaguruji's birthday celebration, General Assemblies
Week 3 (courses A, B, YT)	July 5 (Fri) – 12	Week 5 (courses A, B, YT)	August 18 (Sun) – 25 August 19 (Mon) Raksha Bandhan satsang August 24 (Sat) Yoga teacher exam
GP satsang	July 11 (Thu) EU Gurupurnima satsang	Week 6 (courses A, B)	August 25 (Sun) – Sept 1

Start first day: Dinner at 5.00 pm., Satsang at 7.00 pm. Rooms are ready after 4.00 pm. **End** last day: after Breakfast

PLEASE, REGISTER IN YOUR YOGA-CENTRE LATEST 2 WEEKS AHEAD

Registrations are valid only after full payment of the programme-fee. By registering the participants accept the regulations given for this seminar. Please, travel to ashram only after registering. Unregistered applicants will not be allowed to enter.

Attention: The authorities in CZ require that at the registration in Střilky a filled-up registration form as well as valid identity document (passport or identity card) is presented.

To register only for evening satsangs – please follow the link on <https://joga.cz/satsang>. The registration for evening satsangs will be opened gradually depending on the remaining free capacity of the venue. If you want to stay overnight, apply for one day via your local yoga-centre.

Due to hygienic precaution, please bring your own crockery.

The programme is mainly in English language. Please contact your country organizer for the translation details. Translations (if available) are provided via Wi-Fi broadcast (please bring your own smart phone and headphones).

Concerning the available places, prices and rules, please follow the advice of your country organizers.

Please note, that your country organizers have the right to ask you to change or cancel your application if the situation changes.

According to the law, the consent form must be signed by non-members, children under 16 years and non-EU foreigners.

All participants agree that the remaining money after covering all costs for the event will be donated for social projects in India.

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